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|  | **Health and Well-Being** | **Relationships** | **Living in the Wider World** | **Additional Units** |
| Nursery and Reception  | Self-RegulationBuilding RelationshipsManaging Self | **NB: Units are taught through the year and interwoven within the EYFS curriculum.**  |
| **Year 1** | Healthy EatingHygieneKeeping Safe | CommunicationBullying | Rules and Responsibilities |  |
| **Year 2** | Changing and growingEmotions | FairnessFamily and Friends | CommunitiesMoney and Finance | Extremism and Radicalisation  |
| **Year 3** | Healthy Lifestyles Nutrition and Food Safety First Aid  | CommunicationSimilarities and Differences  | Rules and ResponsibilitiesDiscrimination  |  |
| **Year 4** | Physical, Emotional and Mental AspirationsEmotions Growing and Changing  | CollaborationBullying Healthy Relationships  | Diversity Economic Awareness  |  |
| **Year 5** | Health AspirationsEmotions  | Communication Similarities and Differences  | Rights and Responsibilities  | Extremism and Radicalisation |
| **Year 6** | Nutrition and Food Safety (including substance related abuse – additional unit) | Collaboration Healthy Relationships (including Peer on Peer Abuse) | DiversityEconomic Awareness  | Relationships and Sex Education  |