|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | **Health and Well-Being** | **Relationships** | **Living in the Wider World** | **Additional Units** |
| Nursery and Reception | Self-Regulation  Building Relationships  Managing Self | | | **NB: Units are taught through the year and interwoven within the EYFS curriculum.** |
| **Year 1** | Healthy Eating  Hygiene  Keeping Safe | Communication  Bullying | Rules and Responsibilities |  |
| **Year 2** | Changing and growing  Emotions | Fairness  Family and Friends | Communities  Money and Finance | Extremism and Radicalisation |
| **Year 3** | Healthy Lifestyles  Nutrition and Food  Safety  First Aid | Communication  Similarities and Differences | Rules and Responsibilities  Discrimination |  |
| **Year 4** | Physical, Emotional and Mental  Aspirations  Emotions  Growing and Changing | Collaboration  Bullying  Healthy Relationships | Diversity  Economic Awareness |  |
| **Year 5** | Health  Aspirations  Emotions | Communication  Similarities and Differences | Rights and Responsibilities | Extremism and Radicalisation |
| **Year 6** | Nutrition and Food  Safety (including substance related abuse – additional unit) | Collaboration  Healthy Relationships (including Peer on Peer Abuse) | Diversity  Economic Awareness | Relationships and Sex Education |