

Weekly Newsletter North Stoke



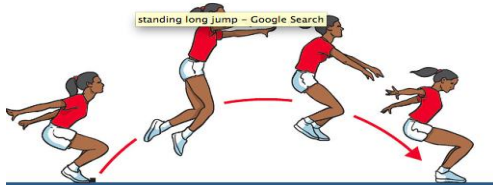
Weekly Virtual Challenge

In Stoke on Trent we are running virtual school competitions where children can enter and represent their school from home. The competitions will require very little equipment and space to take part.

Week 1

Join in with the weekly competition by clicking this link:
https://docs.google.com/forms/d/1rCNzzlPUaK_82DsfPxsODXrX1DII26rLLCONPf7r1hs/edit

Everyone who takes part will receive a certificate. Points will be awarded to schools based on the number of children taking part each week. Results will be posted on next week's newsletter and on our twitter page- Good Luck! Deadline for entries is Friday 24th April 2020 at midday.



If you want to share your progress with any of this week's challenges, use #StayInWorkOut and #StayHomeStayActive.

More ideas to keep you active this week

Early Years and Foundation Stage

Boogie Beebies.

<https://www.bbc.co.uk/programmes/b006mvsc>

Videos that get younger children up and dancing with CBeebies presenters.

KS1

Disney 10 minute shake ups

<https://www.nhs.uk/10-minute-shake-up/shake-ups>

10-minute activities based on Disney films that count towards a child's 60 active minutes per day.

KS1 & 2

#ThisIsPE

<https://www.afpe.org.uk/thisispe-supporting-parents-to-teach-pe-at-home/>

Videos delivered by teachers focussing on the PE curriculum, which are accessible on YouTube.

Have you followed us on social media yet?

Twitter: @SspStoke

